Someplace Between Dreams and Potential

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# Research in Somalia



# It Started with a Question in 1993

My Mother's Medication

Difficult phone call
No certainty at end of call

Question to Colleague

Can I use my computer to see if my mother took med
No, too complicated
24 hours later, yes we can do it



### Everyday Living Monitoring System

 Motion Sensors Base Station External Computer Trend Analysis - Wake-up - Meal preparation Medication adherence Falls in bathroom - General activity level



### Gerotech

Company Formed
Obtained Funding from University
Applied for a Patent (1994)
Built Proof-of-Concept

Installed in our homes and homes of friends
Installed the system in ADL Suite



# Problems with University

Patent Application Rejected in 1996
University Stopped Pursuing Patent
Not Successful in Obtaining External Funding
Negotiated Ownership of the Patent



# Working Outside the University

First Patent Issued in 1998
Lack of Money Became Real Problem
Two of Us Bought out Other Partners



# Dotcom Bubble

We Developed VirtuCare in 1999

 Used internet to transfer data and information
 Was viewed as a dotcom play

 Contacted by Major Dotcom Company

 Promised much money
 Turned out to be a complete disaster

 Hired Investment Bankers



# Honeywell

Investment Bankers Developed Business Plan
 Honeywell Responded

 ILSA Project
 We licensed our patent and obtained a consulting contract [2000]

 Didn't Work Out, Broke Contract in 2001



# Venture Capital

Swore Never Work with Venture Capital

 By 2001, we had no other options

 Living Independently, Inc. [LIG]

 License agreement and consulting contract
 Stock and stock options
 Seat on the Board of Directors



# QuietCare System





# Working with LIG

#### Very Frustrating

- Almost \$40 million spent
- Business did not take-off
- Worked on 14 Pilot Studies
  - Mixed results
  - QuietCare did everything we wanted it to do



# **General Electric**

 General Electric Was Working on Similar System

 Our patents hindered their development
 Invested in LIG in 2006

 In 2009 GE Bought the Remnants of LIG

 We sold our seven patents to LIG
 We moved on to other endeavors—HCIS



# At the Beginning

#### I Was Part of the First Wave

- In 1994 few people working on technology in health care
- Mostly engineers and computer scientists
- Some physicians, but not in actual development
- Almost no other social scientists



# The Promise Industry

#### Promises

- Revolutionize how health care is delivered
- Reduce costs
- Provide better care
- Increase efficiencies
- Make people safer
- Everyone Made Them



# No Revolution

#### Rapid Transformative Change Has Not Occurred

- Instead change has been slow and incremental
- Many aspects of care delivery have been impacted
- Hasn't Stopped the Promise Industry
  - Electronic health records
  - Various Apps



### Hard Lessons

I Have Made Every Mistake Imaginable

 In thinking that development would be easy
 While working with the university
 When trying to change a major corporation
 In estimating the amount of money needed
 When applying the pilot study model

 I Have Learned from These Mistakes



# Lesson 1: It's Really All About Money

I Had No Idea How Much Money was Needed

- Dotcom
- Honeywell
- LIG

You Never Have Enough Money

It's Harder to Obtain than You Think



# Lesson 2: What You Spend It on is Key

Spending it to Keep a Lab Running is Unwise

 Get out of the lab as quickly as possible
 Nothing can be demonstrated in a lab

 Avoid Spending Money on Tests of Technology

 Test how the technology is used in care delivery
 Keep away from pilot studies

 Spend Money on Management



# Lesson 3: Sustainability is the Measure of Success

#### Technology Must Work

- Does not ensure success
- Scattered adoptions do not ensure success
- Sustainability Only Occurs Over Time
  - Must have a viable financial model
  - Must be able to alter how people do their jobs
  - Must be fully integrated into care model



# Lesson 4: People Must be the Focus

#### People Receive Care

- They must be receptive to the technology
- They must be willing to pay for it

#### People Provide the Care

- Must change how they do their jobs
- Some jobs will be lost
- New jobs will be created



# Regrets, I Have a Few, but Too Few to Mention

That First Question Altered My Career

 Went from being a prominent anthropologist to
 A below average engineer
 A mediocre computer scientist
 A fairly successful business person

 However, the Journey Has Never Been Dull
 Still Working in Field



# No Promises

#### No Utopian Vision, but Some Conclusions

- It is not revolution
- Increasing use of technology in health care is inevitable
- Every Other Industry Has Been Transformed by Technology
  - Health care will not be an exception
  - It will take longer than anticipated
  - It will be harder than anticipated
  - It will happen

